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| **DAYS** | **BREAKFAST** | **LUNCH** | **DINNER** |
| **MONDAY** | Mixed prantha, Bread pakora(2) /cutlet(4) with tamarind sauce  Boiled eggs and egg bhurji  Curd | Rajma, Rice, jeera raita, chopped onion, chapatti, green chutney, rasna/tang | Masoor sabutdal, Aloo karele  Jeera rice, chapatti, curd, brownie,salad |
| **TUESDAY** | Paneer Onion Parantha,  cornflakes  Boiled eggs and egg bhurji  Curd | Channa dal. baingan bharta, chapati, steamed rice, mix raita, dhaniya chutney, lemon water | Rongi, ghiya dal, rice,chapati, curd, brownie,salad |
| **WEDNESDAY** | Aloo Parantha,Sweet corns  Boiled eggs and omelette  Curd | Cheese chilly,petha,cucumber raita, jeera rice, cucumber raita, jaljeera | Dal makhni, mix veg, jeera rice, missi roti, curd, rice kheer,salad |
| **THURSDAY** | Plain prantha with aloo sabzi, veg vermicelli  Boiled eggs and omelette  Curd | Black chane,Keema nutri, chapatti,boondi raita,Steamed rice  Roohafsa, boondi raita | Moongimasar dal, bindi/arbi, rice, cucumber raita, ice cream ,salad |
| **FRIDAY** | Onion parantha, Poha  Boiled eggs and egg bhurji  Curd | Channekulche, veg biryani, chutney,curd, salad,leechi drink | Kadhai paneer, tori, steamed rice,chapatti,curd,  Custard,salad |
| **SATURDAY** | Mixed Parantha,  Club Sandwich  Boiled eggs and omelette  Curd | Matar mushrooms, dry aloo matarjeera rice, chapatti, salad, mix raita, mango drink | Mix dal, Ghiya kofte, steamed rice,chapatti,curd  ice cream (butterscotch),sald |
| **SUNDAY** | DalParantha, Macroni  Boiled eggs and omelette  Curd | Aloo puri, salad, rice, jeera raita, lassi (plain) | Aloo bengan, moth dal, curd,steamed rice,chapatti, gulab jamun,salad |

**Hostel-N MESS MENU (2nd and4th week)**

**NOTE:-**

1. Brown Bread, jam, butter, pickle, milk (hot and cold), tea and sauce will be served daily in the Breakfast.
2. Aloo mixture for bread toast, bournvita and coffee (powder) will be served daily in the Breakfast.
3. Salad, Butter and pickle will be served daily in lunch and dinner.
4. **Meal Timings:** (i) Breakfast:7:00 A.M. to 9:00 A.M.(ii)Lunch: 12:00 P.M. to 2:00 P.M.

(iii)Dinner: 7:00 P.M. to 9:00 P.M.

1. Breakfast Timing on **SATURDAY AND SUNDAY:** 7:30 A.M. to 9:30 A.M.
2. Lunch Timing on **SATURDAY AND SUNDAY:** 12:30 P.M. to 2:00 P.M.

***Approved and consulted by the following:***

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| **Dean of Student Affairs** | **Warden Proctor Mess Secretary Director (Sodexo)** |  |
| Dr. Maneek Kumar | Dr. Gagandeep Kaur Tanvi/ AyushiDeepali/Bhavya Mr. Vikas Kumar |  |

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